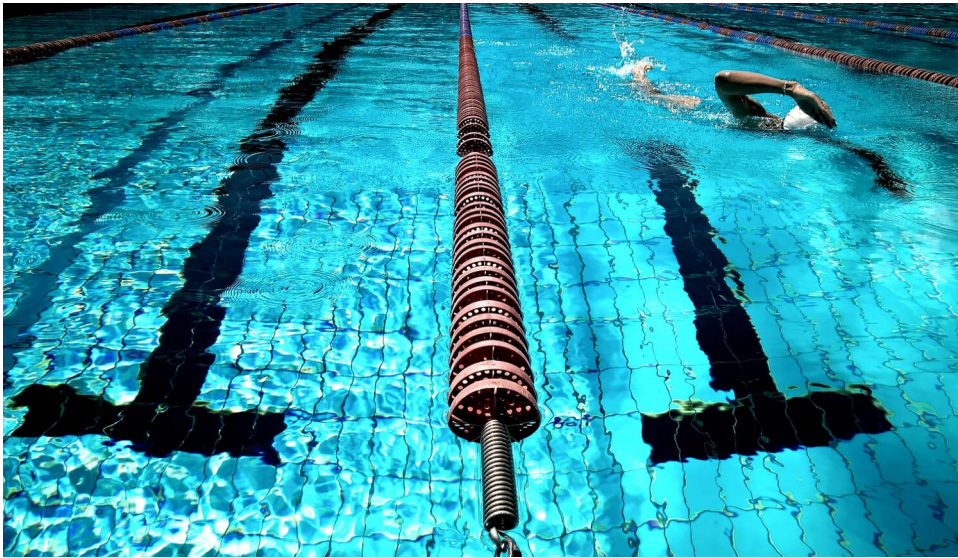


# W&DSC WAFFLER

Wareham & District Swimming Club Official Newsletter

Issue 01



## WELCOME TO THE W&DSC WAFFLER

OUR MONTHLY NEWSLETTER WITH  
THE INSIDE SCOOP TO CLUB LIFE!

### SQUAD NEWS

After a lightning fast September, October is now upon us and with it the first of our monthly editions of the Wareham Waffler! October brings with it a couple of brand new challenges for the club.

On the 12th we travel to Bodmin (!) to compete in R1 of the Arena League! After 3 successive years of victory at the Jurassic League this will be a great test for the club to see how we match up against the best teams in the South West Region!

On the 6th October Hester will represent Dorset at the National County Team Championships! A massive achievement to be selected, no doubt she will step up on the big stage!

On the 20th October we will be participating in the Lions Swimarathon! Raising money for the Lions Organisation and for our club too!

We'll see if our 11/u, 13/u and 16/u teams can break any records and take home the trophies this year!

Last but certainly not least we have the first overseas camp in the clubs history; Malaga 2019!

Setting out on October 28th, over 20 swimmers will be heading into the Andalusian sunshine for a 5 day Swim Camp, comprising 10x2hr Swim sessions and 2x1hr Gym sessions. It's not been without difficulty to arrange but with the help of all our team including Yasmin and Stephen who've stepped in to lead the management of the trip, we've done it. Everyone involved is excited and looking forward to lots of fun (and pain... ) in the sun!!

### OCTOBER DATES

- 12 ARENA LEAGUE RD 1
- 20 LIONS SWIMARATHON
- 21 CLUB CHAMPS 4
- 26 CLUB CHAMPS 5
- 26 HALLOWEEN PARTY
- 28 SWIM CAMP MALAGA 19

### TEACHING NEWS

As we welcome the start of a new term and 6 new swimmers to the teaching sessions, we are looking forward to re-acquainting swimmers with the badges and working through the necessary skills to complete during badge testing later in the term.

We will also be working on skills and technique for the club championships coming up and looking forward to seeing as many as possible taking part! There will be a change to the session time on Swimarathon night so will keep you updated,

### SWIMARATHON

October sees the return of swim marathon a great fundraiser for the club!

### OTHER TEAM NEWS

HALLOWEEN PARTY AFTER CLUB CHAMPS ON 26TH!  
FANCY DRESS COMPETITION AND PUMPKIN CARVING COMPETITION!